



Dear Cindy,

Can you believe that APRIL is upon us? Time is certainly 'hopping' by!

With so much negative news in the media lately I decided I want to focus on the positive and bring you a April newsletter that is all about good news, to uplift and inspire. I hope that by doing so I can encourage others to do the same and create a ripple effect of positivity.

So, sit back, relax, and prepare to be inspired! I hope that this newsletter will bring a much-needed ray of sunshine into your day and remind you that there is still so much good in the world. Let's celebrate the positive and spread the joy!



Wishing you a memorable Easter!

Best wishes,

**Cindy Jacobs**

**Manager: Marketing/Fundraising & Events**



Donate to the Breast Cancer Research Trust between 13 March and 5 April and **SPIN TO WIN!**

Breast cancer forever changes the lives of the patient and those around them so HOP ON IT today and make a difference.

You could win one of these fabulous prizes:

- Easter inspired hamper by *PAK'nSAVE Te Awamutu*
- *Sullys NZ* hamper filled with home and beauty products
- Vouchers from *Serenity Float Clinic*
- Gift box from *Tar's Candle Co.*
- Personal training session from *BLB Coach*
- Gift voucher from *Rock-it Kitchen Raglan*
- BCRT engraved *chopping board* / *bunny mug* / *bunny drink bottle* with a packet of *Popcorn from Sweet As Popcorn*

Once you have donated you will be sent an email link to play.

\*Terms and conditions apply

[CLICK HERE TO HOP ON IT!](#)



*The IBCPC Dragon Boat Festival is an international non-competitive participatory event for **BREAST CANCER** paddler teams who engage in Dragonboat activities as post breast cancer diagnosis rehabilitation. Approximately 2500 athletes from all over the globe will participate in the 2023 NZ event.*

***COME SHOW YOUR SUPPORT!***

Please come and support the Breast Cancer Research Trust as well as the **Waikato Treasure Chests Dragon Boat Team** who will be competing at the event.

**LOADS OF FUN GAMES AND PRIZES TO BE WON SO BRING THE FAMILY TO THIS FREE EVENT AND HAVE SOME FUN!**

# NEW YORK HALF MARATHON 2024



Join the Breast Cancer Research Trust for a life-changing experience!

Take part in the mind-blowing **UNITED AIRLINES NYC HALF MARATHON 2024** as part of a team of like-minded people who are committed to achieving a major life goal, while raising funds for breast cancer research in New Zealand.

As part of the Breast Cancer Research Trust team, you have guaranteed entry into this highly sought-after event taking place in March 2024, so no need to worry about qualifying times or ballots. In return, we ask you to join our FUNdraising circle of GAINING KNOWLEDGE and SAVING LIVES. Your FUNdraising efforts will enable us to hold lives together through evidence-based research.

[REGISTER YOUR EXPRESSION OF INTEREST BY  
CLICKING HERE](#)

**The deadline for all expression of interests is midnight 30 April 2023!**

*The Breast Cancer Research Trust is proudly partnered with Marathon Tours a division of Calder & Lawson House of Travel, to offer you this incredible bucket-list experience.*



# BrEaST Brunch



You can help us hold lives together and improve quality of life through evidence-based breast cancer research by hosting a **BrEaST Brunch** this May.

Contact us at  
[admin@breastcancerresearch.org.nz](mailto:admin@breastcancerresearch.org.nz) to register.

Whether you decide to host a brunch at home, a morning tea at work, or any other FUNdraising event, every dollar you raise this May will help hold lives together through evidence-based breast cancer research.

This is your chance to make your kitchen creations mean so much more! Pull out those recipes (or your back-up packet of Tim Tams!) and bring your friends and family together to help those touched by breast cancer.

Your FUNdraiser can help create change so join our circle of Gaining Knowledge and Saving Lives by registering your event today!

***\*The month of May coincides with international clinical trials day celebrated on the 20th and is also the Breast Cancer Research Trust's annual appeal month.***

## **STAFF CHANGES**



It is with deep sadness that we say farewell to a trusted member of the BCRT team, Heather Flay.

Heather was a Research Nurse with the Trust for almost 10 years.

Life is about taking chances and seeing what the world has to offer. We wish you all of this in your next role. Thank you again for everything you did for the us and your patients, Heather.

Look out for our May newsletter which will introduce our "new Heather", **Hina Pokaia!**



## **VOLUNTEERS NEEDED FOR** **ANNUAL APPEAL 2023**

By volunteering with the Breast Cancer Research Trust, you'll be helping contribute to the best breast cancer research to improve lives for people diagnosed with breast cancer. As a volunteer you can offer as much or as little time as works for you. This could be a few hours on a specific day or even a day or two. Every bit of time you spend as a volunteer is genuinely valued and appreciated by us, and the people we support through research. If breast cancer has touched you personally, or touched someone you care about, volunteering can be one way to help make sense of the chaos caused by cancer.

**We need volunteers for our annual appeal to be held at the Chartwell Shopping Centre from the 15th to the 19th of May (coinciding with International Clinical Trials Day celebrated on the 20th of May).**

[CLICK HERE TO SIGN UP AS A BCRT VOLUNTEER](#)



The Breast Cancer Research Trust's Event/Marketing and Fundraising Manager, Cindy Jacobs caught up with Holly Snape on Free FM 89 on Saturday 25 March at 08:30am.

[IF YOU MISSED IT, CLICK HERE TO HAVE A LISTEN!](#)



The Op Shop for Breast Cancer is situated at 750 Victoria Street, Hamilton and is open Mondays to Saturdays 10am to 2pm. The shop provides a much needed revenue stream for the Breast Cancer Research Trust.

[VISIT THE OP SHOP FOR BREAST CANCER FACEBOOK PAGE](#)



**Breast Cancer  
Research Trust**

*Gaining Knowledge. Saving Lives.*

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