



BREAST CANCER RESEARCH TRUST

# BrEaST *Bulletin*

August 2024

Kia ora/hello Cindy,

The international drug trial called the “CAMBRIA-2” trial is almost ready to commence enrolling new patients. This trial aims to compare the effectiveness of the new hormonal drug treatment camizestrant in reducing the risk of breast cancer from coming back with the standard care anti-hormone treatments. The CAMBRIA-2 trial is for patients with a certain type of breast cancer.

The CAMBRIA-2 trial will be one of many international clinical trials that have been coordinated via Breast Cancer Research Unit at Waikato Hospital over the past 25 years. Trials also ensure that staff keep up to date with the latest developments in treatments and help maintain a beneficial culture of enquiry and exchange of ideas with other research units doing the same trial around the world.

The participation of Waikato Hospital staff in trials and the publication of results helps attract staff to work or train at a progressive unit or hospital. It allows Waikato Hospital/Waikato District to demonstrate it has a commitment to research, which improves the health care of people in our region.

**The most important reason for clinical trials is that patients benefit from taking part – they receive access to new drug treatments and the close monitoring associated with trial participation.**



Heartfelt thanks to all who support our breast cancer research cause. We really appreciate this!

Keep warm over the last of winter!

Ngā mihi and very best wishes,

**Jenni Scarlet**

**BCRT Secretary & Breast Cancer Research Nurse**

**On behalf of the BCRT team**

## **Breast Cancer Trials 45th Annual Scientific Meeting**

Breast Cancer Trials is a cooperative Australia and New Zealand breast cancer research organisation. We may be very competitive in sport against our Aussie neighbours, but when it comes to research we work closely together. Breast Cancer Trials is a professional caring organisation with the values “we before me, curiosity, empathy and greatness”.

BCRT research nurses Hina and Jenni attended the Breast Cancer Trials annual scientific conference held in Cairns, Australia 24-26 July. A number of Waikato Hospital medical colleagues also attended. Conference speakers were leading researchers from other international research organisations such as the Austrian Breast Cancer Study Group, Kings College London, Royal Marsden Hospital London, Harvard Medical School in the USA and more.

Over the three conference days delegates were inspired by progress being made with advanced breast cancer treatment through new targeted drug therapies, improvements in cancer detection through modern imaging techniques, research to understand further the complexity of breast tumours (which leads to drug development), and novel ideas for upcoming clinical trials. Our links with other international research organisations bring clinical trials to the Waikato and New Zealand and mean improved outcomes for wāhine/women diagnosed with breast cancer.



## Pink Walk & Run 2024 - REGISTRATIONS NOW OPEN!

Join us on **Thursday 31 October** for the Pink Walk & Run, a fun sports event supporting breast cancer research.

Since 2006, participants have walked 3.8km around Hamilton Lake or taken on the 5km run around the Lake and Innes Common.

- Entertainment: Starts at 4:30 PM
- Walk/Run: Begins at 5:45 PM
- Dress Code: Wear your best **pink** to support breast cancer awareness or **yellow** to support research
- Prizes: Best dressed individual, group, and pooch and plenty of spot prizes

**Special Offer: Register during August and get THREE ADDITIONAL entries into the raffle draw to win an Ironclad Pan!**

[CLICK HERE FOR MORE INFORMATION OR TO REGISTER NOW!](#)

A graphic with a pink background and a halftone pattern at the top. It features two megaphones on either side of the main text. At the bottom, there are two circular cutouts showing colorful hands raised. The text is centered and reads: "VOLUNTEERS NEEDED! We are seeking enthusiastic volunteers for the Pink Walk & Run 2024! Your help is needed to put up posters and coreflute boards at designated spots around the community. This is a fantastic opportunity to support a great cause, meet new people, and make a difference. If you have a few hours to spare and a passion for helping others, we would love to have you on our team. Join us in spreading the word and making this event a huge success!"

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[SIGN UP AS A VOLUNTEER NOW!](#)

## Daffodil Day

As we approach Daffodil Day on August 28th and 29th, we are reminded of the power of community and hope in the fight against cancer. Organised by the Cancer Society of New Zealand, this event has symbolised hope and resilience for over 30 years. Daffodil Day is about more than raising funds; it's about supporting those affected by cancer. The bright yellow daffodils symbolise new beginnings and a brighter future. Thousands of volunteers and supporters across New Zealand donate their time and money each year to make this event a success.

For the Breast Cancer Research Trust, Daffodil Day honors the strength and courage of those battling breast cancer and remembers those we have lost. The funds raised are crucial for continuing research and providing support to patients and their families. The Cancer Society NZ has provided grant funding for a clinical trial investigating lymph node grafting for breast cancer related treatment resistant lymphoedema (arm swelling). Cancer patients, including those diagnosed with breast cancer, benefit from support given by Cancer Society liaison nurses and volunteer drivers assisting with attending hospital and other appointments.

This year, we encourage everyone to get involved by purchasing daffodils, donating to street collectors, or participating in local events. Every contribution makes a difference. Your support helps fund vital research and provide essential services to those in need. Join us in making this Daffodil Day a beacon of hope for all New Zealanders affected by cancer. Together, we can make a difference. Thank you for your continued support.



[DONATE TO DAFFODIL DAY NOW!](#)

*ct with us!*

Join our vibrant community on Facebook, Instagram and LinkedIn!

It's the perfect place to stay updated with our latest news, engage in discussions, and be part of our growing family.

Follow us now and let's make our online space a hub of inspiration and interaction. Don't miss out on exclusive content and exciting updates. See you there!

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**Breast Cancer  
Research Trust**  
Gaining Knowledge. Saving Lives.

**P** 07 839 8726 ext. 97959    **M** 022 131 1303

**E** [Cindy.Jacobs@breastcancerresearch.org.nz](mailto:Cindy.Jacobs@breastcancerresearch.org.nz)

**W** [www.breastcancerresearch.org.nz](http://www.breastcancerresearch.org.nz)